



ANNUAL NOTICE OF CHANGES

**1145 Westmoreland Dr.
El Paso, TX 79925**

**For more information
Call 1-833-742-3125
TTY Users Call 711**

Or visit us at **ephmedicare.com**



El Paso Health Medicare Advantage Dual (HMO D-SNP) offered by El Paso Health Medicare Advantage (El Paso Health)

Annual Notice of Changes for 2024

You are currently enrolled as a member of *El Paso Health Advantage Dual SNP (HMO D-SNP)*. Next year, there will be changes to the plan's costs and benefits. ***Please see page 4 for a Summary of Important Costs, including Premium.***

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at ephmedicare.com. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Review the changes to our drug coverage, including authorization requirements and costs.
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2024 “Drug List” to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2024* handbook.

Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2023, you will stay in *El Paso Health Medicare Advantage Dual (HMO D-SNP)*.
- To **change to a different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2024**. This will end your enrollment with *El Paso Health Advantage Dual SNP (HMO D-SNP)*.
- Look in section 3.2, page 11 to learn more about your choices.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- This document is available for free in *Spanish*.
- Please contact our Member Services number at 1-833-742-3125 for additional information. (TTY users should call 711.) *Hours are October 1 – March 31, 8:00 a.m. to 8:00 p.m. daily and April 1- September 30, 8:00 a.m. to 8:00 p.m. Monday to Friday.* This call is free.
- *This information is also available in alternate formats (e.g., braille and large print).*
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About *El Paso Health Medicare Advantage Dual (HMO D-SNP)*

- *El Paso Health Medicare Advantage Dual is a (HMO D-SNP) plan with a Medicare contract. Enrollment in El Paso Health Medicare Advantage Dual (HMO D-SNP) depends on contract renewal.* The plan also has a written agreement with the Texas Medicaid program to coordinate your Medicaid benefits.
- When this document says “we,” “us,” or “our,” it means *El Paso Health*. When it says “plan” or “our plan,” it means *El Paso Health Medicare Advantage Dual (HMO D-SNP)*.

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Summary of Important Costs for 2024

The table below compares the 2023 costs and 2024 costs for *El Paso Health Medicare Advantage Dual (HMO D-SNP)* in several important areas. **Please note this is only a summary of costs.** If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 for your deductible, doctor office visits, and inpatient hospital stays.

Cost	2023 (this year)	2024 (next year)
<p>Monthly plan premium*</p> <p>* Your premium may be higher than this amount. See Section 2.1 for details.</p>	\$0	\$0
<p>Doctor office visits</p>	<p>Primary care visits: \$0 per visit</p> <p>Specialist visits: \$0 per visit</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 per visit.</p>	<p>Primary care visits: \$0 per visit</p> <p>Specialist visits: \$0 per visit</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 per visit.</p>
<p>Inpatient hospital stays</p>	<p>\$0</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0.</p>	<p>\$0</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0.</p>
<p>Part D prescription drug coverage (See Section 2.5 for details.)</p>	<p>Deductible: \$0</p> <p>Copayment during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> Drug Tier 1: You pay \$0 copay or \$1.35 copay or \$4.00 copay or 15% coinsurance. 	<p>Deductible: \$545</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying the deductible.</p> <p>Copayment during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> Drug Tier 1: You pay

Cost	2023 (this year)	2024 (next year)
		<p>\$0 copay or \$1.55 copay or \$4.50 copay or 15% coinsurance.</p> <p><i>We have eliminated any copays or cost sharing for Part D. Your copay for prescriptions is \$0.</i></p>
<p>Maximum out-of-pocket amount This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)</p>	<p style="text-align: center;">\$8,300</p> <p>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>	<p style="text-align: center;">\$8,850</p> <p>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p> <p>If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>

SECTION 1 We Are Changing the Plan's Name

On January 1, 2024, our plan name will change from *El Paso Health Advantage Dual SNP (HMO D-SNP)* to *El Paso Health Medicare Advantage Dual (HMO D-SNP)*.

You will be receiving a new Member ID in the mail no later than December 1, 2023. Any and all Member information we send you will have the new plan name.

SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in *El Paso Health Medicare Advantage Dual (HMO D-SNP)* in 2024

If you do nothing in 2023, we will automatically enroll you in our *El Paso Health Medicare Advantage Dual (HMO D-SNP)*. This means starting January 1, 2024, you will be getting your medical and prescription drug coverage through *El Paso Health Medicare Advantage Dual (HMO D-SNP)*. If you want to change plans or switch to Original Medicare and get your prescription drug coverage through a Prescription Drug Plan you must do so between October 15 and December 7. The change will take effect on January 1, 2024.

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Monthly Premium

Cost	2023 (this year)	2024 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	\$0	\$0

Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2023 (this year)	2024 (next year)
<p>Maximum out-of-pocket amount</p> <p>Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum. You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p> <p>If you are eligible for Medicaid assistance with Part A and Part B copays and deductibles, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p> <p>Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</p>	<p>\$8,300</p>	<p>\$8,850</p>

Section 2.3 – Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at ephmedicare.com. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a directory, which we will mail within three business days.

There are changes to our network of providers for next year. **Please review the 2024 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

There are changes to our network of pharmacies for next year. **Please review the 2024 Pharmacy Directory to see which pharmacies are in our network.**

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are a part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

Section 2.4 – Changes to Benefits and Costs for Medical Services

Please note that the *Annual Notice of Changes* tells you about changes to your Medicare benefits and costs.

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2023 (this year)	2024 (next year)
<i>Healthy Eats Program</i>	\$150 per quarter for approved healthy foods, qualifications apply.	<i>\$200 per quarter for approved healthy foods. This benefit is for all Members with Low Income Subsidy (LIS).</i>
<i>Dental</i>	\$3,500 yearly allowance for dental checkups, x-rays, routine cleaning, fillings, extractions, implants, dentures and so much more.	<i>\$4,000 yearly allowance for dental checkups, x-rays, routine cleaning, fillings, extractions, implants, dentures and so much more.</i>
<i>Over-the-counter (OTC)</i>	\$300 quarterly allowance for covered over-the-counter products and hygiene items.	<i>\$340 quarterly allowance for covered over-the-counter products and hygiene items.</i>
<i>Utility Bill Assistance</i>	<i>Not Covered</i>	<i>\$50 monthly allowance to assist with the payment of any of the following utilities; gas, water or electricity. This benefit is for all Members with Low Income Subsidy (LIS) assistance. Monthly allowance does not roll over.</i>

Section 2.5 – Changes to Part D Prescription Drug Coverage

Changes to Our “Drug List”

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our “Drug List” is *provided* electronically. If you don’t see your drug on this list, it might still be covered. **You can get the *complete* “Drug List”** by calling Member Services (see the back cover) or visiting our website ephmedicare.com.

We made changes to our “Drug List,” which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the “Drug List” to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the “Drug List” are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online “Drug List” to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

Changes to Prescription Drug Costs

There are four **drug payment stages**. The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Changes to the Deductible Stage

Stage	2023 (this year)	2024 (next year)
<p>Stage 1: Yearly Deductible Stage</p> <p>During this stage, you pay the full cost of your Part D drugs.</p>	<p>\$505</p> <p>You are not responsible for paying the deductible for Part D. Members are protected by the Texas Medicaid Program from cost sharing, co-insurance, co-pays and deductibles for Original Medicare covered services.</p>	<p>\$545</p> <p>You are not responsible for paying the deductible for Part D. Members are protected by the Texas Medicaid Program from cost sharing, co-insurance, co-pays and deductibles for Original Medicare covered services.</p>

Changes to Your Cost Sharing in the Initial Coverage Stage

Stage	2023 (this year)	2024 (next year)
<p>Stage 2: Initial Coverage Stage During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.</p> <p>Most adult Part D vaccines are covered at no cost to you.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1: You pay \$0 copay or \$1.45 copay or \$4.15 copay or 15% coinsurance.</p> <p>All other drugs: You pay \$0 copay or \$4.30 copay or \$10.35 copay or 15% coinsurance</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p>Tier 1: You pay \$0 copay or \$1.55 copay or \$4.50 copay or 15% coinsurance.</p> <p>All other drugs: You pay \$0 copay or \$4.60 copay or \$11.20 copay or 15% coinsurance.</p> <p><i>We have eliminated any copays or cost sharing for Part D. Your copay for prescriptions is \$0.</i></p>

Changes to your VBID Part D Benefit

We have eliminated any copay or cost sharing for Part D. Your co-pays or cost for prescribed medications is \$0.

Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.**

For specific information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in *El Paso Health Medicare Advantage Dual (HMO D-SNP)*

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our *El Paso Health Medicare Advantage Dual (HMO D-SNP)*.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2024 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2024* handbook, call your State Health Insurance Assistance Program (see Section 7.3), or call Medicare (see Section 7.2).

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from *El Paso Health Medicare Advantage Dual (HMO D-SNP)*.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from *El Paso Health Medicare Advantage (HMO D-SNP)*.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
 - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

If you switch to Original Medicare and do **not** enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

SECTION 4 Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2024.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

Because you have Medicaid, you may be able to end your membership in our plan or switch to a different plan one time during each of the following **Special Enrollment Periods**:

- January to March
- April to June
- July to September

If you enrolled in a Medicare Advantage plan for January 1, 2024, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2024.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription

drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 5 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In *Texas*, the SHIP is called *Texas Health Information Counseling and Advocacy Program (HICAP)*.

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. *Texas Health Information Counseling and Advocacy Program (HICAP)* counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call *Texas Health Information Counseling and Advocacy Program (HICAP)* at 1-800-252-9240. You can learn more about *Texas Health Information Counseling and Advocacy Program (HICAP)* by visiting their website (www.tdi.texas.gov).

For questions about your *Texas Health and Human Services for Medicaid* benefits, contact *Texas Health and Human Services, Medicaid program, toll-free number at 1-877-541-7905, TTY 711, Monday – Friday, 8 a.m. – 5 p.m.* or visit the website at www.yourtexasbenefits.com. Ask how joining another plan or returning to Original Medicare affects how you get your *Texas Health and Human Services (Medicaid)* coverage.

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** Because you have Medicaid, you are already enrolled in “Extra Help,” also called the Low-Income Subsidy. “Extra Help” pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about “Extra Help”, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 day a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** Texas has a program called *Texas HIV State Pharmacy Assistance Program (SPAP)* and *Texas Kidney Health*

Care Program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the *Texas HIV Medication Program (THMP)* and *Kidney Health Care Program*. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call *Texas HIV Medication Program (THMP)* at 1-800-255-1090 and *Kidney Health Care Program* at 1-800-222-3896.

SECTION 7 Questions?

Section 7.1 – Getting Help from *El Paso Health Medicare Advantage Dual (HMO D-SNP)*

Questions? We're here to help. Please call Member Services at 1-833-742-3125. (TTY only, call 711.) We are available for phone calls October 1 - March 31, 8:00 a.m. to 8:00 p.m. daily and April 1-September 30, 8:00 a.m. to 8:00 p.m., Monday through Friday. Calls to these numbers are free.

Read your 2024 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2024. For details, look in the *2024 Evidence of Coverage for El Paso Health Medicare Advantage Dual (HMO D-SNP)*. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at ephmedicare.com. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at ephmedicare.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our *List of Covered Drugs (Formulary/"Drug List")*.

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read *Medicare & You 2024*

Read the *Medicare & You 2024* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Section 7.3 – Getting Help from Medicaid

To get information from Medicaid or your Medicaid managed care plan you can call Texas Health and Human Services (Medicaid) at 1-877-541-7905. TTY users should call 711.

